Al Nakhla for Development and Training

Early Intervention Center

for Autism and Developmental Disorders



النخلة للتنمية والتطوير والتدريب

مركــز التـدخــل الـمبـكــر للتـوحـّد واضطرابـات الـنـمــو

Director's Report on Developmental Progress Assessment

Date of Visit: 30-04-2025 **Child's Name:** Aleen Nsairat **Date of Birth:** 30-06-2021

Assessment Summary:

Aleen was assessed in person at our center on 30-04-2025. The child has shown improvement on the first step of the protocol. During the evaluation, Aleen presented with information processing delays, intellectual developmental delays, and motor developmental delays, which appear to be related to a genetic variant previously identified. These findings indicate the need for continued support and more structured follow-up to further guide the intervention.

Recommended Plan:

1. Development Non-Medicinal Protocol:



- Continue with the structured intervention protocol for information processing support
- Duration: 4–6 months, followed by in-person reevaluation
- A baseline should be reaffirmed and tracked throughout the therapy

2. Main Recommended Analysis:

- No additional tests required at this stage
- Further testing may be needed depending on the outcome of the next evaluation

3. Recommended Therapy:

- Mitotherapy (light-based therapy):
 - o 1–2 sessions per week, as tolerated and based on therapeutic response





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Conclusion:

This is a **developmental rehabilitation assessment**, not a final medical diagnosis. Aleen is showing positive signs of improvement, and with continued neurodevelopmental therapy and targeted support, further progress is expected. The plan remains open to change following future evaluations.

Director

Date: 29-04-2025









