Al Nakhla for Development and Training

Early Intervention Center

for Autism and Developmental Disorders



النخلة للتنمية والتطوير والتدريب

مركـز التـدخــل الـمـبـكــر للتـوحـّد واضطرابــات الـنـمـــو

Comprehensive Developmental Assessment Report

Child's Name: Asel Shishani Date of Birth: 16 January 2023 Assessment Date: 21 May 2025

Age at Assessment: 2 years and 4 months **Parent/Guardian:** Shishani Family

Clinical Summary

Asel Shishani underwent a developmental assessment at the EICADD Center on 21 May 2025. The evaluation identified notable delays in both information processing and overall developmental milestones. These findings suggest the need for further diagnostic evaluations and the initiation of targeted early intervention strategies to support Asel's developmental trajectory.

Recommended Intervention Plan

EIGADD

1. Information Processing Development Protocol

- **Duration:** Implement a structured intervention program over a period of 4 months.
- **Reevaluation:** Conduct a comprehensive in-person reassessment at the conclusion of the 4-month period to evaluate progress and adjust the intervention plan as necessary.
- **Baseline Establishment:** Establish a developmental baseline during the initial phase to monitor improvements and guide therapy adjustments.
- **Continuation:** Based on reevaluation outcomes, continue with the tailored intervention plan to address identified deficits.

2. Recommended Diagnostic Tests

To gain a comprehensive understanding of the underlying factors contributing to Asel's developmental delays, the following tests are recommended through Neurazon Canada:

Please refer to their report.





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3. Therapeutic Recommendations Post-Diagnosis

Based on the outcomes of the aforementioned analyses, the following therapies are recommended to support Asel's development:

- Mitotherapy (2 sessions per week):
 - o **Description:** Mitotherapy involves the use of specific light wavelengths to stimulate mitochondrial function, enhancing cellular energy production. This therapy can improve neuronal function, enhance muscle strength, and support overall cognitive development.
- Occupational and Speech Therapy:
 - Occupational Therapy (1–2 sessions per week): Focuses on developing fine motor skills, sensory integration, and daily living activities.
 - Speech Therapy (2 sessions per week): Aims to improve communication skills, language development, and social interaction abilities.

Follow-Up and Monitoring



- **Regular Assessments:** Conduct periodic evaluations to monitor Asel's progress, adjust therapy goals, and ensure the effectiveness of intervention strategies.
- Parental Involvement: Engage caregivers in therapy sessions and provide training to support Asel's development at home.
- **Interdisciplinary Collaboration:** Coordinate with pediatricians, neurologists, and other specialists as needed to provide comprehensive care.





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Disclaimer:

This assessment is not a final diagnosis but a developmental evaluation based on current observations. The child is open to improvement, and the findings may change with progress and intervention. The recommended tests or therapies are suggestions and intended to support a deeper understanding of the child's developmental profile. Please consult your care provider or follow the plan provided for more detailed guidance.

Centers' Leading Staff:

Speech Therapist: Ms. Amira Alomari

Occupational Therapist: Ms. Malak Jaber

Psychologist and behaviour therapist (Ajman): Ms. Asmaa Alshanawi

EICADD Center Director







