## **Early Intervention Center**

for Autism and Developmental Disorders



**مركـز التـدخــل الـمبـكــر** للتـوحـّد واضطرابـات الـنـمــو

**Developmental Progress Assessment Report** 

Date of Visit: 23-04-2025 Case Name: Salma Eyad Al Sadi Date of Birth: 18-09-2013

Gender: Male

Guardian: Eyad Al Sadi

### **Assessment Summary:**

Salma was assessed at our center on April 23, 2025. The evaluation indicated clear signs of **information processing delays**, **features of intellectual developmental delays**, and **acquired features of autism**. These features appear to be linked to both environmental and physiological factors.

It is important to note that Salma has a brother who presents with **hyperlexia and features of high-functioning Autism Spectrum Disorder (ASD)**. This familial context further supports the need for early, individualized intervention to prevent long-term developmental impacts.

Additionally, the child's profile raises concern for **potential metabolic or dietary contributors**, particularly those that may be influencing neuronal function and behavior.

#### **Recommendations:**

We strongly recommend the following immediate steps:



- O Begin an **anti-inflammatory diet** and eliminate processed sugars, artificial dyes, and allergens where applicable.
- o Establish a routine that includes **daily physical activity**, which has been shown to enhance information processing and reduce behavioral dysregulation in similar profiles.

### **Recommended Plan**

### 1) Development Protocol for Information Processing

- A focused, tailored intervention plan targeting cognitive flexibility, sensory regulation, and information integration.
- Duration: 4 months, followed by a comprehensive in-person reassessment.
- A baseline will be established to evaluate and adapt the plan over time.





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### 2) Recommended Testing - Neurazon Canada

The following tests are highly recommended to determine underlying causes and guide a targeted intervention approach:

• Precision Health Analysis - Neurazon (Canada)

A comprehensive evaluation of metabolic, genetic, inflammatory, and neurological contributors.

Sample Type: Saliva

Estimated Turnaround Time: ~4 months (business days)

• Neuronal Growth Factors Absorption Analysis – Neurazon (Canada)

Evaluates the body's ability to absorb key nutrients essential for brain development.

Sample Type: Hair

Estimated Turnaround Time: ~2 months (business days)

• Gut Intolerance Analysis – Neurazon (Canada)

Screens for food intolerances that may trigger inflammation or behavioral changes.

Sample Type: Hair

Estimated Turnaround Time: ~2 months (business days)

#### **Conclusion:**

This report presents an **early-stage developmental assessment**. It is **not a medical diagnosis**, but rather a research-supported recommendation plan. Salma is capable of significant improvement with proper support, and follow-up assessments will be critical in guiding future interventions.

### **Signature:**

EICADD Center Ajman Director



