Early Intervention Center

for Autism and Developmental Disorders



مركـز التـدخــل الـمـبـكــر للتـوحـّد واضطرابـات الـنـمـــو

Director's Report on Developmental Progress Assessment

Date of Visit: 20-05-2025

Child's Name: Mohammad Qasem Alababneh

Date of Birth: 09-09-2015 **Age:** 9 years and 8 months

Gender: Male Guardian: Qasem

Overview:

Mohammad Qasem Alababneh was assessed at our center due to concerns regarding cognitive performance and attentional behavior. The assessment revealed **information processing delays** and **attention deficits** that mildly affect his learning pace and engagement. However, these traits **do not meet the criteria for Autism Spectrum Disorder (ASD) or Attention Deficit Hyperactivity Disorder (ADHD)** and are not currently interfering with his academic performance. This assessment was performed through Ostathna for education support.

In addition, the child presents with **noticeable dark circles under the eyes** and **heavy snoring during sleep**, which may suggest underlying ENT-related concerns such as enlarged adenoids or chronic nasal obstruction. These symptoms are commonly associated with **sleep-disordered breathing**, which can directly impact attention, behavior, and daytime cognitive functioning.

Referral Recommendation:

We strongly recommend that **Mohammad be referred to an ENT (Ear, Nose, and Throat)** specialist for further evaluation of the dark circles and snoring. These symptoms are likely contributing to his attention and behavior concerns. The specialist should assess for possible causes such as adenoid hypertrophy, allergic rhinitis, or obstructive sleep apnea, and advise on appropriate medical or surgical interventions if necessary.

Recommended Plan:

1) Development Protocol for Information Processing:

- Begin a tailored cognitive development and sensory processing protocol.
- Duration: 4 months.
- Reevaluate in person following this period.
- Establish a developmental and behavioral baseline and adjust the plan as needed.

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2) Main Recommended Analysis:

Please refer to their report.

3) Recommended Therapy After Determining the Causes:

- Mitotherapy (Light-Based Therapy):
 - o 2–3 sessions per week.
 - o Aims to support cognitive clarity, focus, and brain energy regulation.

Conclusion:

Mohammad demonstrates attention and processing challenges likely amplified by poor sleep quality. Addressing the potential ENT-related issues, combined with neurodevelopmental therapy, will significantly improve his functioning. The child shows great potential for progress through early, multi-disciplinary intervention.

Disclaimer:

This assessment is not a final diagnosis but a developmental evaluation based on current observations. The child is open to improvement, and the findings may change with progress and intervention. The recommended tests are external and provided through Neurazon (Canada). These are suggestions, not obligatory, and are intended to support a deeper understanding of the child's developmental profile. Please refer to the plan provided by Neurazon for further information. These tests are not conducted directly through our center.

Centers' Leading Staff:

Speech Therapist: Ms. Amira Alomari

Occupational Therapist: Ms. Malak Jaber

Psychologist and behaviour therapist (Ajman): Ms. Asmaa Alshanawi

EICADD Center Director

