# **Early Intervention Center**

for Autism and Developmental Disorders



**مركـز التـدخـل الـمـبـكــر** للتـوحـّد واضطرابـات الـنـمـــو

**Director's Report on Developmental Progress Assessment** 

Date of Visit: 10-05-2025 Child's Name: Sara Alotaibi Date of Birth: 31-01-2018

Age: 7 years Gender: Female Guardian: Mohammed

#### Overview:

Sara Alotaibi visited our center for a developmental assessment. During the evaluation, Sara exhibited **information processing delays and attention deficit features**, though these remain **within acceptable developmental levels**. She does **not meet the diagnostic criteria** for Autism Spectrum Disorder (ASD) or Attention Deficit Hyperactivity Disorder (ADHD). However, **mild signs of social anxiety** were noted, which may impact her interaction in group settings or unfamiliar environments.

#### **Recommended Plan:**

## 1. Developmental Non-Chemical Protocol for Information Processing

- o Initiate a targeted non-chemical intervention plan for a duration of 4 months.
- Reevaluate progress after this period and establish a clear developmental baseline.
- Ocontinue with the rapeutic sessions focused on cognitive regulation and social comfort building.

## 2. Recommended Analyses:

- Neuronal Growth Factors Absorption Analysis Neurazon (Canada)
  - A detailed assessment of the child's ability to absorb critical neuronal growth factors.
  - Sample type: Hair
  - Results turnaround: 2 months (business days)
  - To be repeated every 6–12 months to track absorption status and guide supplementation.
- o Gut Intolerance Analysis Neurazon (Canada)
  - Evaluates potential intolerances affecting behavior, absorption, and cognitive processing.
  - Sample type: Hair
  - Results turnaround: 2 months (business days)
  - To be repeated every 6–12 months for consistent gut-brain axis support.

# 3. Recommended Therapy:

- o Begin Neuroplasticity Rehabilitation Therapy at a frequency of 2 to 3 sessions per week.
- o Focus on improving processing speed, attention span, and anxiety regulation using neuroadaptive tools and child-specific therapeutic activities.

#### **Conclusion:**

This assessment is not a final diagnosis but a developmental evaluation. Sara demonstrates capacity for improvement with targeted interventions and follow-up. The recommended strategies are designed to support her cognitive and emotional development, and she should be reassessed after 4 months to monitor progress and adjust the protocol as needed. This is a developmental assessment and not a final medical diagnosis as the child is capable of improvement.

# **Early Intervention Center**

for Autism and Developmental Disorders



**مركـز التدخــل الـمـبـكــر** للتـوحـّد واضطرابـات الـنـمــو

Center's Leading Staff:

Speech Therapist: Ms. Amira Alomari

Occupational Therapist: Ms. Malak Jaber

Psychologist and behaviour therapist: Ms. Asmaa Alshanawi

**EICADD Center Director** 





